

**The Hague Pathway College**

# Pre-Departure Guide

**January 2024**



**let's change**  
YOU. US. THE WORLD.

**The Hague**  
**Pathway College**

**THE HAGUE**  
UNIVERSITY OF  
APPLIED SCIENCES

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# Welcome

**Welcome to The Hague Pathway College and The Hague University of Applied Sciences.  
We are looking forward to having you study with us!**

LET'S CHANGE! YOU. US. THE WORLD. That is The Hague University of Applied Sciences (THUAS) message. Like the University, The Hague Pathway College wants to empower you to change the world you live in, but that can only happen if we work together to make the difference.

THUAS is a place where theory and practice meet; that's what makes a University of Applied Sciences. The Hague Pathway College welcomes you to become part of this community of inspiring lecturers, great support staff, fellow students and an amazing network of future employers and universities abroad. When you finish your studies at THPC, you will be ready to start your Bachelor's programme and kick-start your career.

We hope this guide will help you prepare for your study adventure in the cosmopolitan city of The Hague. Our team is looking forward to being on this amazing international journey with you.

# Studying with us in 2024

## COVID-19 update

### Basic measures and rules in the Netherlands

Most of the COVID-19 rules have been dropped, but this does not mean that the virus has completely gone. We will continue to follow all necessary government and university guidelines, and it's important to be alert and look out for each other. Follow the basic hygiene measures:



Wash your hands regularly



Cough and sneeze into your elbow



Ventilate indoors and make sure there is enough fresh air



**Get vaccinated** and make use of the opportunity to get a booster shot.

From 11 March 2023, the advice on testing for COVID-19 no longer applies. If you have symptoms you don't need to do a test. However you should still keep following the general advice on this page.

## More Information

For additional information about remaining regulations, travel, vaccination, please refer to: [www.government.nl/topics/coronavirus-covid-19](https://www.government.nl/topics/coronavirus-covid-19)

# Check lists

**Moving to another country can be an overwhelming experience, however proper organisation can make it a smooth process. Below is a basic checklist to help you. On the next pages, we will elaborate further on what specific steps need to be taken. You can also find some of the information on The Hague Pathway College [website](#).**

## Before departure

- ☐ Obtain your Visa
- ☐ Arrange your accommodation
- ☐ Apply for Dutch health care
- ☐ Proof of Enrolment letter

## Once you arrive

- ☐ Register with the local municipality
- ☐ Open a Dutch bank account
- ☐ Register at local General Practitioner (GP)
- ☐ Tuberculosis (TB) Test (if applicable)
- ☐ Apply for a DigiD to access governmental sites
- ☐ Create your Zoom account
- ☐ Receive your Student ID

## Late arrivals

If you will not be able to arrive in time for the start of your programme, please reach out to the College team by emailing

[general@thehaguepathway.nl](mailto:general@thehaguepathway.nl)

Arriving late without contacting the College beforehand may have consequences for your study success, your enrolment in the programme and your registration with the Immigration services (IND).



# Preparing for your departure

## Visa

Do you need a visa or residence permit to study in the Netherlands? If you do, you will have received a visa pack and should be completing your visa application with us. If you have any questions about this, please contact the College directly, or ask your usual contact person.

### Do I need an entry visa and/or residence permit?

Nationality	Entry visa required	Residence Permit required
A. EU/EEA, Switzerland	No	No
B. Australia, Canada, Japan, Monaco, New Zealand, South Korea, USA or UK	No	Yes, for stays of 90 days or more
C. All others	Yes	Yes, for stays of 90 days or more

A multiple-entry Schengen visa allows travel and study-related trips to Schengen countries. For an overview of all Schengen countries, visit: [www.schengenvisainfo.com/schengen-visa-countries-list](http://www.schengenvisainfo.com/schengen-visa-countries-list)

#### A. You do not require an entry visa or residence permit EU/EEA and Switzerland

As a student from an EU/EEA country, you have the right to study in the Netherlands without a residence permit. You can come to the Netherlands without applying for any visa.

#### B. You need a residence permit, but no entry visa (MVV) required

If you are from a country where you do not need a visa to enter the Netherlands: you can travel to the Netherlands with only the IND Confirmation letter stating that you will receive a residence permit (kennisgeving). Within two weeks of your arrival in the Netherlands, you need to make an appointment with the IND to provide your biometric data. You will be automatically advised when and where you can collect the residence permit.

#### C. You need both entry visa (MVV) and residence permit

### Entry visa (MVV)

If you need an entry visa (MVV) to enter the Netherlands: make an appointment with the Dutch embassy/Consulate General as soon as possible; waiting times can vary, and could be up to around 3 weeks. Please consult the website [www.netherlandsworldwide.nl/visa-the-netherlands/mvv-long-stay](http://www.netherlandsworldwide.nl/visa-the-netherlands/mvv-long-stay) to find out more about the embassy of your choice and reach out to them directly about further information to collect the entry visa.

Take the right documents to the appointment indicated in your approval letter. As soon as your Regular Provisional Residence Permit/Machtiging tot Voorlopig Verblijf (MVV) entry visa sticker is in your passport, you are able to travel to the Netherlands.



## Residence permit

The IND needs your fingerprints, signature and passport photo ([Dutch guidelines for passport photos](#)) for the residence permit. This biometric data is normally received from the embassy where you applied for your entry visa (MVV). However, they are not always successfully transferred to the IND in the Netherlands. If this is the case, IND will inform the University and they will then let us know. We will advise you if you need to give your biometric data again at IND offices in the Netherlands. This procedure also applies if your biometric data is successfully received by the IND; you will be informed when and where you can collect the residence permit.

## Accommodation

The Hague Pathway College assists with booking accommodation for the first year of your stay in the Netherlands. If you have not secured accommodation via the College's group bookings please check our website for a list of alternative options: [www.thehaguepathway.nl/accommodation](http://www.thehaguepathway.nl/accommodation). If you would like to receive further advice, you can always reach out to the College via [general@thehaguepathway.nl](mailto:general@thehaguepathway.nl)

Keep in mind that availability will be more limited towards the start of the new academic year. We discourage travelling to The Hague without having secured a suitable place to live as this is a requirement to legally stay in the country. We kindly request you to advise us of your home address in the Netherlands before arrival.

## Health insurance

All international students in the Netherlands are required by law to be properly insured for health and liability for the duration of their studies. These arrangements must be made before you arrive in the Netherlands. The health insurance coverage that is best suited to you will depend on various factors, including your nationality, age, nature of residence, and whether you have a job.

If you are insured under the national health insurance scheme of an EU/EEA member state or Switzerland, your insurance company can provide you with a European Health Insurance Card (EHIC).

Adequate health insurance for international students in the Netherlands should cover urgent medical care, emergency hospital treatment, and repatriation on medical grounds in case you need to return to your home country. We also strongly recommend that students take out third-party liability insurance.

Other insurers are available; however, we recommend all students take out the AON Complete+ insurance. Read more about AON [www.aonstudentinsurance.com/students/en](http://www.aonstudentinsurance.com/students/en)

## Proof of insurance

Your insurance needs to take effect before you leave your home country and needs to cover the entire duration of your studies at The Hague Pathway College. During the student registration, you will have to show proof of your health insurance. If you choose AON as your provider, you would get a full explanation about the insurance during the induction period in September.

Keep your proof of insurance on file, as you will need it when visiting your doctor or dentist.

If you need more information on how to arrange insurance, please send an email to [general@thehaguepathway.nl](mailto:general@thehaguepathway.nl)

## Preparing to leave home: academic and other important official documents

There are a number of documents that are important to bring with you when you travel to the Netherlands:

- ☐ A valid passport with your MVV entry visa (if you needed it)
- ☐ Proof of health insurance (AON Complete)
- ☐ Accommodation contract in the Netherlands
- ☐ Cash, credit card or a Maestro debit card. Keep in mind that credit cards are not accepted everywhere.
- ☐ Originals of your academic transcripts: school certificate, grade list, English test certificate in original language and English translations
- ☐ Personal identification (passport)
- ☐ Birth certificate translated for registration in the municipality (if possible)
- ☐ Passport-sized photographs
- ☐ Medical certificates, including vaccination records, if you have them

# REGISTER FOR AON COMPLETE+ INSURANCE VIA AON'S WEBSITE

- Double-check your name and date of birth
- Select The Hague Pathway Navitas as educational institution – Group Scheme
- Enter a correct start and end date

Select a start date prior to your planned departure date and an end date either the end of the academic year (30 June 2024) or 31 August 2024, depending on your summer plans

## Preparing to leave home: some recommendations on what to bring

- ☐ Contact numbers for any family/friends in the Netherlands
- ☐ Contact details of family/friends in the event of an emergency
- ☐ Adaptor for European plugs (230v with a two-pin plug)
- ☐ Prescription medication you may need during the first weeks of your stay
- ☐ Comfortable and smart clothing, including a warm coat that can stand a bit of rain
- ☐ Laptop or tablet
- ☐ You might need to bring a set of bed linen and kitchenware, or you can buy them (in the city centre or online).

Websites for online purchases: [bol.com](http://bol.com), [hema.nl](http://hema.nl), [blokker.nl](http://blokker.nl), [ikea.com/nl](http://ikea.com/nl), [coolblue.nl](http://coolblue.nl)

## Proof of acceptance or enrolment

Occasionally you may need a formal Proof of Acceptance or Enrolment to show that you are studying at The Hague Pathway College. Usually students need this in order to postpone their military service or arrange other formalities in their home countries. If you need this before enrolment, please email

[general@thehaguepathway.nl](mailto:general@thehaguepathway.nl)

If this is required after enrolment, please contact [student.support@thehaguepathway.nl](mailto:student.support@thehaguepathway.nl)

Students may still have the obligation to do their military service after the THPC programme. In this case, please be aware that after you successfully achieve your THPC programme, you can only take one gap year. The THPC military service letter will be valid for 2 years.



# Once you arrive

## Municipality registration

All students intending to stay in the Netherlands for more than four months must register with the Municipal Personal Records Database (MPR).

### How to register at The Hague municipal records database

- Students will need to make an appointment for checking in with the municipality of The Hague. Please visit this [page](#) to book the appointment.
- If you are planning on living in another city in the Netherlands, you can go to the municipality there yourself without our assistance. Keep in mind that a different municipality might require you to bring different documents.

## Citizens service number

Once registered you will receive a letter from the municipality stating your citizen service number (burgerservicenummer, BSN). The BSN is your unique personal ID for all Dutch authorities. You will need it as identification for study subsidy forms, registering with the health care system/GP, rental contracts, and bank account forms during your stay in the Netherlands.

It is important that you keep the letter you received from the municipality on file and make a note of your BSN number as it will only be issued once. Student Support will advise you on how you can send the BSN number to us.

## Opening a Dutch bank account

Opening a bank account can be a lengthy process, particularly if you don't have your Dutch citizen number yet (BSN number). Please keep in mind that in the Netherlands, credit cards are not widely accepted.

A Dutch or European debit card will make your daily life a lot easier.

If you have a bank account in a country that is not a member of the Single Euro Payments Area (SEPA) we would advise you to open a Dutch bank account in order to pay for groceries or other supplies. Also, most organisations in the Netherlands require a Dutch bank account to be able to set up subscriptions for things like public transport.

On the following page you will find an overview of the different banks you can choose from, including what is applicable if you are a minor. Your legal guardian is usually required to join the bank appointment.



## Step 1: Overview of different national banks

	Rabobank	ING	BUNQ	ABN AMRO
<b>Age</b>	18-25	18-30	18+	18-30
<b>BSN needed?</b>	Yes and: <ul style="list-style-type: none"> <li>Valid passport/ID*</li> <li>Resident permit</li> <li>Proof of enrolment at THPC</li> </ul>	No, but: <ul style="list-style-type: none"> <li>Valid passport/ID*</li> <li>Proof of a Dutch living address</li> <li>Proof of enrolment at THPC</li> </ul>	No, but after 3 months you must provide: <ul style="list-style-type: none"> <li>Valid passport/ID*</li> <li>Residence permit</li> <li>BSN number</li> </ul>	No, but: <p>You must provide your BSN number within 120 days.</p> <ul style="list-style-type: none"> <li>More information via: <b>Student Package - ABN AMRO</b></li> </ul>
<b>Arrange via</b>	Appointment or via Rabo App	Appointment or via ING App depending on your situation	Website	Website, appointment or ABN AMRO app
<b>Bank card</b>	3-5 working days	Max. 5 working days	See website	3-4 working days
<b>Fee</b>	Free	€1,95 per month until you can provide them with your BSN number and then free of charge	€7,99 per month for Maestro /Master card. They offer one month free trial.	Free

\*A valid ID document can be a passport, ID card, driver's licence, diplomatic passport, service passport, residence document or type W foreign nationals identity document.

If you are over 18 years old, we recommend opening a bank account via the ING, BUNQ bank or ABN AMRO as you will not have a BSN number when you arrive in the Netherlands. Also, the BSN number can take 2-6 weeks to arrive. After you receive your BSN number, it becomes easier to open a bank account. Students with Brazilian or US nationality must be able to provide a TIN number (tax identification number) to the bank.

## Step 2: Important information for minors to open a bank account

### Rabobank:

At Rabobank, minors may open a bank account providing that:

1. During the appointment at the bank, the student provides proof of address in the Netherlands, proof of enrolment and for non-EU students, a letter stating the residence permit has been requested.
2. The parent and/or guardian supplies an ID at the appointment, and origin of assets has to be discussed.
3. The TIN number (tax identification number) of the country of origin is known.

### ING:

At ING, minors may open a bank account providing that:

1. During the appointment at the bank, the student provides proof of address in the Netherlands and a proof of enrolment.
2. The parent and/or guardian supplies an ID at the appointment.

### ABN AMRO:

Minor students must attend the office on appointment and have to arrange the following documents:

1. Two application forms: one for the parents and one for the students.
2. The student must have the same documentation as 18+ students to open a bank account (e.g. BSN or TIN/FIN number, valid passport, proof of enrolment).
3. A video call with the legal guardians and the bank must be arranged.

### BUNQ:

Students can easily open their own account with parent or legal guardian approval and if they also have their own BUNQ personal account. The bank can then verify his/her identity and confirm they are the legal guardian. When you complete the application on BUNQ, you will be reminded at the end of the process that approval from the legal guardian is required.

Officers of banks are unfamiliar with the legal requirements for opening bank accounts for (minor) internationals. If you get rejected during the application, please call the bank on their service number on the website.

## Step 3: Making an appointment

You can book an appointment online. Below you can find the website links.

### Website links

#### Rabobank

The link for making an appointment can be found [here](#).

#### ING

The link for making an appointment can be found [here](#).

#### BUNQ

Website: [bunq.com/en/](https://bunq.com/en/)

#### ABN Amro

Go to: [abnamro.nl/studentaccount](https://abnamro.nl/studentaccount) and click on 'Take out the Student Package' and fill in the online application.

**Do not forget to bring the required documents to your appointment!**

## Living costs refund

Did you make a bank transfer of EUR 12,000 to the College as proof of your financial status during the visa process? Following university guidelines, we will refund the amount to your Dutch bank account.

Once you have your Dutch bank account number (IBAN), have arrived and are able to receive money in the account, please start the refunding process of your living costs. You can start the refund request process by filling out the [form](#).

## General Practitioner (GP)

In the Netherlands your general practitioner (huisarts) should always be your initial contact for all medical matters. The GP has access to many hospital facilities and can - on short notice if necessary - refer you to medical specialists. He or she will keep your medical record up to date and prescribe your medication.

### Visiting your GP (General Practitioner)

The huisartsen (GPs) are responsible for gathering all your medical records and are the gatekeepers to all the other types of medical treatment, so they are the first point of contact when you have a health problem (unless it's an emergency, of course). They deal with routine health issues, and can refer you to other services, including hospitals, specialists, and physiotherapy.

### Which GP?

You can choose your GP yourself. There is no obligation to register in your postal code or as a family. The Huisartsen Kring Haaglanden (check contact details on the following page) can help you find a GP who is close by you so you won't have to travel far in the event that you are ill, or if the doctor needs to visit you.

### Payment

Depending on your GP practice and insurance company, you may have to pay the doctor at the time and claim it back. Or you may receive an invoice to pass onto the insurance company.

## 10 ways the Dutch Health Service may be different from what you know:

1. The Dutch emergency services number is 112 for life-threatening situations. On-campus? Call 053-489 22 22 for the security office at the campus. More information is in the Student Handbook.
2. Health care insurance is mandatory in the Netherlands
3. You cannot go directly to the hospital unless it is an emergency
4. You must always make an appointment before you go to a GP practice
5. If you need a specialist, you must get a referral letter from your GP first. Remember to make a copy of this referral letter for your insurance company.
6. You must take your health insurance card with you when you visit a GP, dentist, hospital, or pharmacy
7. Dentistry is not covered by basic Dutch health insurance policies
8. There is a distinct difference between what a pharmacy (apotheek) and a drugstore/chemist (drogist) sell
9. Dutch doctors have a professional code that prohibits them from passing on information about their patients, even to the authorities
10. You can get anonymous tests, treatments, and vaccinations via the GGD



## General Practitioner list

GP Name	Address	Postcode	Telephone number
<i>City: The Hague</i>			
Medicor Gezondheidszorg	Heemstraat 68a	2525 EL	070 201 11 48
Medicor Gezondheidszorg	Erasmusweg 471	2532 CN	070 205 93 04
D.Moser huisarts	Sumatrastraat 328	2585CZ	070 416 70 70
Huisartsen Otaredian & Ramdin	Verheeskade 509 L	2521 DG	070 303 01 20
International Health Centre The Hague	Jan van Nassaustraart 125	2596 BS	070 306 51 00
Huisartsenpraktijk R.M. van Roosmalen	Mient 167	2564 KK	070 325 56 80
Huisarts Reis	Laan van Meedervoort 323	2563AN	070 360 32 80
Avicenna huisarts	Zuidlarenstraat 197-199	2545VT	070 404 27 05
MCH Westeinde	Lijnbaan 32	2512 VA	088 979 79 00
Huisartsenpraktijk A.A. van der Vaart	Haringkade 2	2584 EB	070 355 32 75
Praktijk Dokter Verstappen	Sweelinckplein 46	2517 GP	070 363 06 20
Huisartsdienst Smash	President Kennedylaan 15	2517JK	070 346 96 69
Zuiderpark Huisartsen, Anders & Burggraaf	Apeldoornselaan 255	2573 LK	070 380 48 01
Apotheek van Beest	Stationsweg 31	2515 BH	070 384 00 64
Medicor Gezondheidszorg	Hobbemaplein 8	2526 JA	070 388 59 00
Gezondheidscentrum de Koning	Koningstraat 104	2515 JT	070 388 69 02
Apotheek Boerhaave	Goeveneurlaan 519	2523 CE	070 396 11 01
Medicor Gezondheidszorg	Rijswijkseplein 69	2516 GZ	070 445 13 72
Arts en Zorg Goudenregen	Goudenregenstraat 32 c	2565 EX	070 711 24 07

## Tuberculosis test (if applicable)

For certain countries of origin, one of the conditions to obtain a study visa for the Netherlands is to undergo a medical test for Tuberculosis (TB). Your TB test will be completed by the Dutch Health Clinic GGD after you arrive in the Netherlands. If you are required to undergo a TB test and you fail to take one within three months of arrival, you will put your residence permit at risk. The test costs €50 and is payable at the GGD using a Dutch account.

Are you unsure if you need a TB test? [Check here if you are exempt.](#)

Students who are 18 years and older get an RX test. An RX test involves an X-ray of the lungs. Students who are below 18 years old get an Mx test. This is a Mantoux test, which is a skin test. The skin test requires two visits to a health care provider. A person given the tuberculin skin test must return within 48 to 72 hours to have a trained health care worker look for a reaction on the arm.

The students who need a TB test are invited to a group appointment. You will receive an email with information about the appointment in a few weeks. If you want to arrange the TB test appointment individually, please call (088) 355 01 00 or send an email to [info@ggdhaaglanden.nl](mailto:info@ggdhaaglanden.nl). Contact us if you have any questions.



# Starting your studies at The Hague Pathway College

## Induction days

All new students will participate in the Induction Days on **4-5 January 2024**

During the induction, you will get a clear understanding of what the upcoming months will look like and what is expected of you academically. THPC will also help you arrange formalities like registering with your programme and first steps towards registration at the municipality of The Hague. A detailed induction schedule outlining the above will be sent to you shortly. Check your email frequently, including your spam folder.

On our [website](#) you can find the latest update about the way of teaching and the Induction Week.

## Student and academic services

You will meet with our Student Services team during the Induction Week. Student Services provides guidance and support to students who come from all over the world to live and study in the Netherlands. Our dedicated staff will assist you with everything from arranging formalities upon arrival, setting up your timetable and providing information about activities off-campus.

## Term dates and timetables

We know you're very excited to find out what your schedule will look like at THPC. During the Induction Week you will get a full picture of this. The timetable below is a sample to give you a bit of an idea of how your weeks will be organised. Your own timetable will be different and depends on the Pathway stream you are in.

## ACADEMIC YEAR 2024

Induction Days	4 January 2024	5 January 2024
Term 1	8 January 2024	28 March 2024
Spring Holiday	29 March 2024	5 April 2024
Term 2	8 April 2024	28 June 2024
Official last day	19 July 2024	

*Resits (if applicable) take place between 1-19 July*

## BANK HOLIDAYS 2024

New Year's Day/Nieuwjaarsdag	1 January 2024
Good Friday / Goede Vrijdag	29 March 2024
Easter Sunday / Eerste Paasdag	31 March 2024
Easter Monday / Tweede Paasdag	1 April 2024
King's Day / Koningsdag	27 April 2024
Liberation Day / Bevrijdingsdag	5 May 2024
Ascension Day / Hemelvaartsdag	9 May 2024
Whit (Pentecost) Sunday / Eerste Pinksterdag	19 May 2024
Whit (Pentecost) Monday / Tweede Pinksterdag	20 May 2024

## Example timetable – THPC technology and design

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.45 - 10.15	Physics	ALS		Maths	Chemistry (Process and Food Technology)
11.00 - 12.00	Maths	Chemistry (Process and Food Technology)	Physics		Maths
14.45 - 15.45	Study Success		Research Project	Dutch (Elective)	ALS

## Example timetable – THPC Management and Social Sciences

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08.45 - 10.15		ALS	Study Success		Dutch (Elective)
11.00 - 12.00	Maths		Maths	Maths	
14.45 - 15.45	Management		Communication	Research Project	ALS



# Settling in

## DigiD

The DigiD is a Digital Identification. It is a personal ID number, which you need to obtain if you want to use governmental services online. You can request a login when you have received your BSN number. By logging in online with the DigiD you can identify yourself to the government, for example to submit your tax returns or register at a new address in case of moving. Your DigiD allows you to log in anywhere easily and securely. This ensures that your personal data is always protected. Find out more [here](#).

## Zoom

1. Create a free account on [Zoom](#).
2. Try out a Zoom session with one or more friends by sending them an invitation. You can practise for 40 minutes per session.
3. Make sure you mention your first name, last name and THPC student number as your Zoom name.

## Student ID

You will be able to download your Student ID card in the university app. The name of the app is MyTHUAS – Student.

During Induction Week you will receive the university credentials which will give you access to your Student ID, your university account and campus WiFi.

## Grocery shopping

The biggest supermarkets in the Netherlands are Albert Heijn, Jumbo and Dirk. You will definitely find one in your neighbourhood.

## Get connected – telephone, TV and internet

There are several possibilities for mobile phone providers. In the city centres you will find general telecom shops and specific shops per provider. Some will offer a complete package with phone and contract, others prepaid or sim card only. A lot of the information can be found online. Good websites to compare the providers are:

[prijsvergelijk.nl](https://prijsvergelijk.nl)

[telecomvergelijker.nl](https://telecomvergelijker.nl)

[vergelijk.nl](https://vergelijk.nl)

If you do not have TV and internet included in your accommodation contract, some providers for mobile phones also offer connections for TV and internet. You can choose an all-in-one package: phone, TV and internet or just one or two of the connections. You can order your subscription online or at the shop of the provider. You can request a technician to set up the system in your home, which is sometimes included in the price.

## Public transportation

You will probably use the Dutch public transportation system quite often. We advise you to get an OV chipcard. You can top up this card to pay for all your public transport fares in the Netherlands, not just the train fares.

If you have a smartphone, there are two very useful apps available:

1. **NS train app** (available for Android and iOS). This app lets you plan train trips and is published by the Dutch Railway Company (called the NS). The NS also offers travel planners on their website: [NS Train Planner](#).
1. **9292 Public Transport** (available for Android, iOS and Blackberry). This app is from an independent company called 9292, which you can use to plan all trips with public transport companies within the Netherlands, not just the NS.

## Bicycle

Cycling is a fun and easy way of getting around. And very much part of the Dutch lifestyle. There is an extensive network of separate bicycle paths, and big streets have separate lanes for bicycles. There are even guarded parking facilities for bicycles! Cycling is the perfect way to explore the city and its surroundings on two wheels.

Buy your own bicycle or consider the popular Swapfiets with the blue front tyre ([swapfiets.nl/en/](#)). You will rent your bicycle for a monthly amount and get good service alongside: if you have any issues, they will provide you with a working bicycle within a day.

Many students decide to buy a second-hand bike if they decide to not rent one.

*Don't forget to lock your bike!*

## General road rules for cyclists

Dutch road rules are consistent with those in most European countries. These are the most important general traffic rules in the Netherlands:

- Drive on the right, overtake on the left
- Unless stated otherwise, give priority to traffic approaching from the right
- As a rule, cars turning across your path are supposed to stop for you, but be careful just in case
- Motorcycle drivers and passengers must wear crash helmets
- Cyclists may ride two abreast
- Pedestrians use pavements or footpaths; cyclists keep to cycle tracks. Cycling through pedestrian areas can result in a €60 fine.
- Stop for pedestrians on pedestrian crossings
- Signal with your arm when turning
- Your bicycle must have working head- and tail-lights as well as reflectors (€60 fine if not)
- Using electrical devices, such as mobile phones, is not permitted whilst cycling. Doing so may result in a €140 fine.



**TIP:**

Please get in touch with your accommodation provider before arrival to advise them of your expected arrival time.

# Arriving in The Hague, the Netherlands

## Getting to The Hague by yourself – transportation in the Netherlands

Travelling by public transport is a straight-forward and convenient mode of transportation. Within cities there are buses or trams and for longer distances, trains bring you to all parts of the country.

You can travel from Amsterdam Schiphol Airport to The Hague by public transport or taxi. Everyone speaks English, and there is a lot of information at the Airport about how to reach your desired destination, so it's easy to find the right way.

The train station is situated directly below the airport. Single train tickets for domestic travel are available from the yellow ticket machines near the platforms and from the ticket counters, which are situated close to the red/white-checked cube at Schiphol Plaza. There is a direct connection to a railway station called "Den Haag HS" (HS stands for Hollands Spoor), which is located opposite The Hague University of Applied Sciences (please [watch this video instruction](#) on how to buy the ticket at the machine. Choose the correct destination). The train from Schiphol airport to "Den Haag HS" takes approximately 30 minutes. You can buy the train ticket online in advance [here](#).

## Getting to The Hague by taxi

If you would prefer to take a taxi to The Hague from the airport, we have listed an overview of providers on our [website](#). Average journey time is 30 minutes.

## Identification

In the Netherlands, you are obliged to carry valid identification with you at all times. Alongside your identification, as an international student you are also required to carry your residence permit card with you. For your own reference, keep a copy of your residence permit card in your personal file.

## Travelling to Schengen countries

With your Dutch Residence Permit card and your passport, you can travel within the Schengen Zone. Note that this does not include the UK; you need a separate visa to go there.



# Life in the Netherlands and The Hague

## The Hague

The Hague is bursting with culture and creativity and offers students an all-round experience, from galleries packed with Dutch masters to idyllic beaches and parks and buzzing nightclubs. It's a small-scale, hospitable city with an international attitude. In The Hague, students are in the hub of Dutch politics and international justice. Students graduating from The Hague have a head-start in industry with an international outlook and names of renowned organisations on their CVs.

## Facts about The Hague

- Population: 514,000 inhabitants of over 100 different nationalities
- Location: North Sea coast with 11km of coastline and two beach resorts
- Green city: 990 acres of woodland and 70,000 roadside trees
- City of peace and justice: 80 dedicated international organisations
- Home to 107 embassies & consulates and 131 international companies
- Total length of bicycle paths: 500km

## Cultural highlights

The Hague has many cultural highlights, including Mauritshuis, the home of Vermeer's iconic Girl with a Pearl Earring painting, the Mondriaan collection at Municipal Museum and the Peace Palace. The city boasts excellent theatres and music venues and is reputed to be Holland's top pop city. Parkpop, Europe's largest free festival, takes place in June. Scheveningen's sandy beaches, just outside the city centre, are a popular place to relax.



# Tips from past students

## Language

Do not worry about your English! You will be using it every single day during the foundation year and after! Try to interact with your classmates and other people from the university as much as possible to find friends and practise your language skills.

If you'd like to learn Dutch, you can do so by following a free course during the foundation or choose a course outside of the university.

## Cafes/restaurants to try out in The Hague

"The Coffee Company" – a great place right in the city centre and a great place to study. They have alternative milks for no additional costs as well as vegan and gluten-free options available.

"L'Osteria" – an Italian restaurant with tasty food and big portions at fair prices. In addition, there are some vegan options on the menu

"Burrata Turfmarkt" – another Italian restaurant near the central train station, try their burrata salad and tiramisu!

"Momiji" – a restaurant chain: "Momiji Sushi" is more of a high-end restaurant, "Momiji Street Food" offers very tasty food at low prices. Try their lunch set (fried rice, K-fried chicken and a drink for around 10 euros)

"Sumo" – an All You Can Eat Japanese restaurant

"Gyros Club" – Go here to try their tempura shrimp sushi, seabass and grilled asparagus

## Sports/gym

"The Hague Sports & Fitness Pass" at The Hague University of Applied Sciences – unlimited access to all sports activities and the fitness gym. Membership is around €20 per month. More information: [www.thuas.com/about-thuas/facilities/sports](http://www.thuas.com/about-thuas/facilities/sports)

"Basic Fit" – a fitness gym with many locations, memberships are between €20 and €50 per month, group classes available and women-only locations.

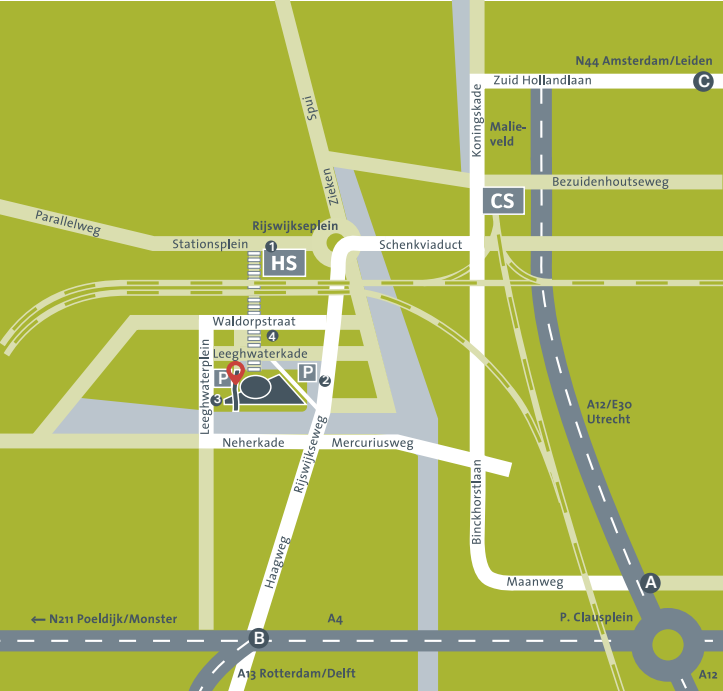
"Sport City" – a fitness gym with many locations, memberships between €25 and €28 per month, group classes available.

"Train More" – a fitness gym with many locations, one of them is just 15min away from the university. It offers a student membership for for €30 a month. One drawback – there are not many group classes.

**Always check if there are student discounts at any event or activity!**



# Route map



## The Hague Pathway College

**THE HAGUE**  
UNIVERSITY OF  
APPLIED SCIENCES

Visitor's address: Johanna Westerdijkplein 75,  
The Hague  
Phone+31(0)70 3052456

THPC Office OV 5.04

### By car

- A** From Utrecht/Zoetermeer A12/E30, take exit 4 (Voorburg) and take Maanweg to Binckhorst. From Binckhorstlaan turn left onto the fourth side street at the traffic lights, take Mercuriusweg towards Neherkade and cross the second bridge on your right (Leeghwaterplein).
- B** From Delft/Rotterdam A13, take the exit for Rijswijk centrum and follow Haagweg along the same road. Enter the tunnel towards Binckhorst/Nw Laakhaven, turn right onto Mercuriusweg, and then cross the second bridge on your right (Leeghwaterplein).
- C** From Amsterdam/Leiden N44, follow Den Haag centrum RING and continue along the same road. Enter the tunnel towards Binckhorst/Nw Laakhaven, turn right onto Mercuriusweg, and then cross the second bridge on your right (Leeghwaterplein).

### By train

The Hague University of Applied Sciences is located directly behind the Hollands Spoor railway station in The Hague. From the Laakhaven exit, it's only a three-minute walk to the school. The Hague University of Applied Sciences can also be reached by train from Den Haag Centraal railway station (3 minutes removed from Hollands Spoor railway station) and by:

- Tram lines 1, 9, 15, 16, 17
- Bus line 18

### By tram or bus

- 1 To Hollands Spoor railway station (Stationspleinstop):
  - Tram lines 1, 9, 11, 12, 16, 17
  - Bus line 18
- 2 To Leeghwaterplein:
  - Tram lines 1, 16, 17
- 3 To Waldorpstraat (Megastores stop):
  - Bus line 26
- 4 To Station Hollands Spoor/De Haagse Hogeschool bus stop:
  - Bus line 26

# Campus map

**Legend**

- Automatic door
- Automatic door with 'tac' access
- Gender-neutral toilet
- Wheelchair accessible toilet
- Elevator
- Stairs or Walkway with stairs
- Not wheelchair accessible
- Assembly area general
- Gathering place for people with disabilities during evacuation
- Individual study areas
- THPC Office OV 5.04

**Ground floor**

Room	Room	Room
<b>A</b> Auditorium	<b>OV</b> 0.09	
<b>I</b> Security/Reception	<b>ST</b> 0.29	
<b>F</b> Front Office M&O-FM	<b>BL</b> 0.11	
<b>K</b> Flask room	<b>BL</b> 0.02	
<b>Pa</b> Pabo Gymnasium (accessible via stairs)	<b>OV</b> 0.77	
<b>R</b> Foodcourt/Restaurant	<b>ST</b> 0.80	
<b>Re</b> Repro/Copy shop	<b>BL</b> 0.29	
<b>T</b> Reception Exam Hall	<b>OV</b> 0.11	
<b>W</b> West 75		

\* Tuinhuis (available until mid 2023)

**Ground floor routes**

- The Sports Hall and the sign-in point for the Exam Hall are accessible via the ground floor Ovaal. (The Sports Hall/Examination Hall is accessible via the elevator on the ground floor block).
- The Strip Garden and the Garden House are accessible via the Restaurant on the ground floor Strip.
- All floors of the Ovaal (-1 to 5) and Strip (-1-3) are accessible via Elevator C.
- The Bicycle Basement is accessible via the ground floor Ovaal, Elevator A. An elevator key and tac are required to use this route. This can be requested through the Dean of Students or HRM.
- The Slinger (1-8) and the Strip (1-3) are accessible via elevator R.
- The ground floor of the 1st and 2nd Rugzak is accessible via elevator on the 1st floor of the Rugzak.
- The Speakerscorner, Beijing-New York Room and the Expo are accessible via elevator C and the platform elevator in the basement.
- The concentration areas on the ground floor of the library are accessible via the library 1st floor elevator.

## GROUND FLOOR



# Useful stuff

## Climate

The country has a mild climate with few extremes, however the weather can change quickly: four seasons in one day. It can be quite wet and cold in winter (roughly November to March). With daytime temperatures from 2°C to 6°C, a warm coat, hat, scarf and gloves can be very useful. Summers can be showery but are mostly pleasant and rarely extremely hot. The main advantage of our position on the globe: the days are long and it stays light until late in the evening, so there are lots of opportunities to enjoy the nice weather and city. Daytime temperatures in summer are on average 20°C to 25°C.

## Emergencies

For emergencies dial 112 for medical assistance, police or fire brigade.

## Dutch language

The official language of Holland, or the Netherlands, is Dutch. Although you can speak English with practically anyone in the Netherlands, learning Dutch helps you to get to know the country and its culture and society. During your studies at THPC, you will get a further introduction to Dutch language and culture, but here are some words for you to practise.



English	Dutch	English	Dutch
Hello	Hallo/Hoi	Yes	Ja
Good morning	Goedemorgen	No	Nee
Goodbye	Tot ziens / dag / doei	Sorry, I don't speak Dutch	Sorry, ik spreek geen Nederlands
Excuse me	Sorry / pardon	Do you speak English?	Spreekt u Engels?
Thank you	Dankuwel	Supermarket	Supermarkt
Please	Alstublieft	Food	Eten
Good	Goed	Drinks	Drinken



# Contact information

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2521 EN The Hague

**Location:**

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Phone: (+31) 70 305 2456

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Phone: (+31) 70 445 7111



[thehaguepathway.nl](http://thehaguepathway.nl)